

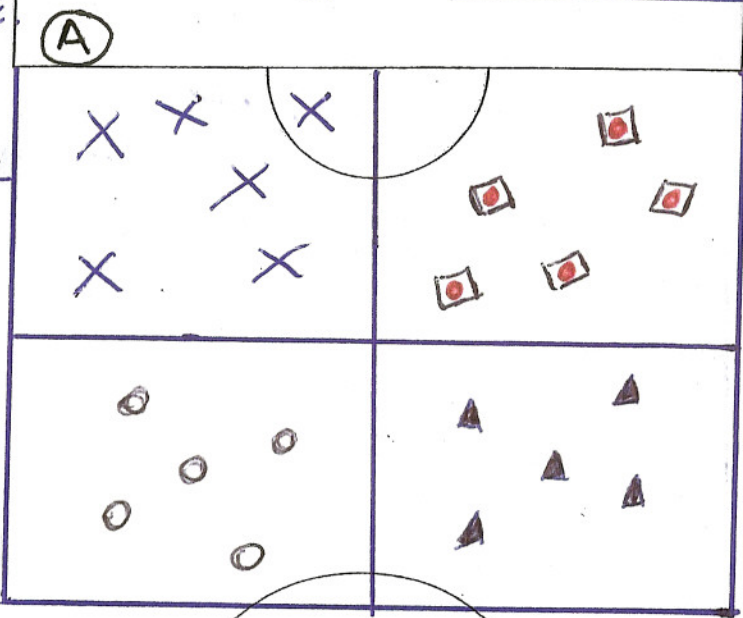
9's - 10's - 11's - 12's

TECHNICAL PART.

~~Technical part~~  
WARM. UP  
EVERYONE w/ ball

- DRIBBLING
- CHANGE PHASE AND DIRECTION
- CHANGE SPEED.
- 2 PLAYERS, 1 BALL
- PASSING, RECEIVING, SUPPORT.
- ANGLES ETC.
- A LOT OF REPETITIONS!

TRAINING AT SMALL SIDES

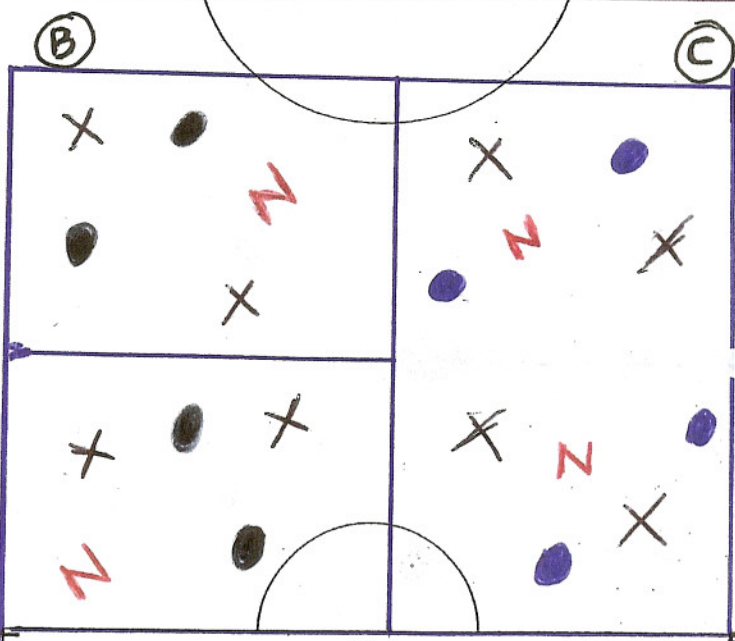


COACHING POINT

- CONTROL
- TECH w/ BALL
- FAINT!
- BODY POSITION
- FIRST TOUCH
- VISION.
- COMMUNICATION.

DON'T FORGET TO TEACH

- 2v2 + 1
- KEEP AWAY
- SWITCH N PLAYERS.
- PROGRESSION: 4v4 + 2



- FIELD SIZES UPON PLAYERS' SKILLS.
- WHEN PASS AND/OR DRIBBLE
- TACTICAL IMPLICATIONS.

